

## How Chinese Medicine Works

Chinese Medicine Treatment seeks to balance Yin and Yang by harmonising the functionality of the various internal organs, with an emphasis on an holistic and individually designed treatments for the patient.

It seeks to resolve the root cause of the problem/illness together with the symptoms, whether the problem be diet, infection, injury, lifestyle or immune system related.

Chinese Medicine can make a real difference



*J Hui*

## JICHUN CHINESE MEDICAL CENTRE

JICHUN CHINESE MEDICAL CENTRE  
54 ARDERNE ROAD, TIMPERLEY,  
ALTRINCHAM WA15 6HL

### Opening Times

Mon - 10am - 5.30pm

Tues - Closed

Wed - 10am - 5.30pm

Thurs - Fri Closed

Saturday - 10am - 5.30pm

Sunday - Closed

Bank Holidays - Closed

HOME VISIT AVAILABLE

[www.altrinchamacupuncture.co.uk](http://www.altrinchamacupuncture.co.uk)

Tel: 0161 9732107



## Our Services

For some straightforward and obvious disorders and diseases, tablets, capsules or powders made of Chinese herbs may be available and can be purchased from the pharmacy.

In most cases, a Chinese doctor will need to examine the patient. A course of treatment will then be recommended based on the doctor's diagnosis.

Patients can visit the Clinic without an appointment, and we will try to arrange for you to see a doctor as soon as possible. However, to avoid waiting time, it is advisable to have an appointment before you come.

In cases some patients may find difficult to prepare and drink loose herbs, so we will prepare concentrated powder capsules which are easy to swallow.

The concentrated herbal powders are imported from a reputable pharmaceutical company.

**Our centre** is a unique local practice offering you a first class services in the Traditional Chinese Medicine (TCM). That means Chinese Acupuncture, Chinese Massage and Herbal Medicine at its best.

Because your health really matters to us you will be seen by a doctor who has been trained for 5 years in both Chinese and Western medicine at a prestigious Chinese medical university, and is also a fluent English speaker.

Our doctor is also a qualified medical consultant and a member of The British Acupuncture Council.

## The Forms of Treatment

TCM has three forms of treatment: herbal therapy, acupuncture and Chinese massage.

**Chinese Herbal Therapy:** Based on the theoretical understanding of herbs and formulas the doctor uses herbs to regulate the functional states of the internal organs, to re-establish harmony, balance and enhance the body's immune functions.

The doctor usually prescribes two types of herbal medicines concentrated herbal powders and loose herbs.

**Acupuncture:** Based on TCM principles and theories the doctor applies fine needles at specific points to stimulate and activate the meridian network and to let Qi (life force) flow smoothly.

**Chinese Massage** is similar to acupuncture in terms of principles, but relies on fingers instead of needles to stimulate acupuncture points to achieve the objective of treatment.

**Infantile Massage** consists of a series of unique manipulations which are totally different from adult massage. It is totally non-invasive, using very gentle and soft manipulations without causing any pain. The treatment is suitable for children from a few months old to teenagers.

## Common Diseases Treated

**Dermatological:** Eczema, Psoriasis, Acne, Herpes, Dermatitis, Vitiligo, Mycosis, hair loss, Prurigo, warts etc

**Internal:** Hay Fever, Asthma, Bronchitis, Migraine, indigestion, constipation, Colitis, Diabetes, IBS, colds and flu, blood pressure, ulcer, gastritis, diarrhoea, allergies, etc.

**Muscular-skeletal:** Sports injuries, Arthritis, stiff neck, sciatica, joint problems, tennis elbow, back pain, frozen shoulder, post-stroke pain etc

**Neurological:** Insomnia, trigeminal, neuralgia, paralysis, multiple sclerosis, headache, Bell's Palsy etc

**Emotional:** Stress, depression, anxiety, fatigue, panic attacks, quitting smoking, weight loss etc

### Men and Women's Problems:

Impotence, premature ejaculation, prostrate, pelvic pain, pre-menstrual syndrome, infertility, menopause etc

**Infantile Massage:** asthma, night crying, bed wetting, hay fever, malnutrition, diarrhoea, constipation, etc.

There are many other conditions which also respond well to TCM, please call **0161 9732107** for further information.